

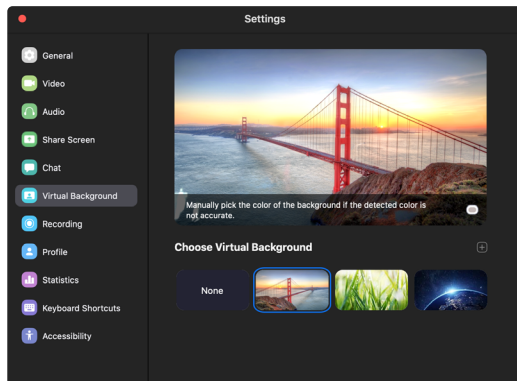
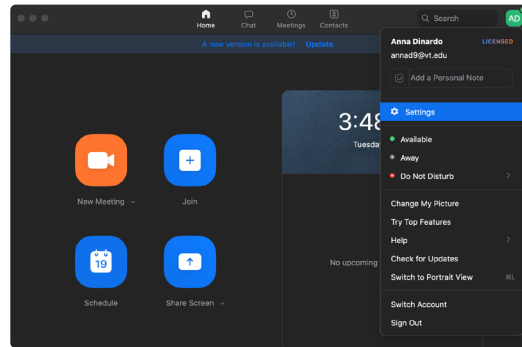
Zoom Virtual Backgrounds

The Virtual Background feature allows you to display an image or video as your background during a Zoom Meeting. This feature works best with a green screen and uniform lighting, to allow Zoom to detect the difference between you and your background.

Zoom virtual backgrounds have hardware requirements to function. When following the steps below, you may get a message that your computer doesn't meet these requirements; you can still try virtual backgrounds, but your performance may vary.

1. Navigate to Settings

With the Zoom desktop app open, select your profile image in the upper right hand corner, then select **settings**.



2. Select Virtual Backgrounds

There is a plus sign below the preview image where you can click to add a new background image of your choosing, Otherwise, just select from the preexisting images under choose **Virtual Background**.

3. Change Within Meetings

You can also toggle virtual backgrounds during a meeting by clicking on the arrow button to the right of the **Stop Video** button.

